CHIROPRACTOR’S ASSISTANT (CA) TRAINING GUIDELINES

Basic Chiropractic Knowledge

- Chiropractic techniques
- Chiropractic adjustments (definition, indications, adverse effects, etc.)
- Scope of practice

Patient care/office procedures

- Health care provider/patient relationship and ethical boundaries
- Patient privacy/confidentiality (HIPPA)
- Record keeping
- Special considerations for specific patient populations
- Patient positioning considerations/draping
- Emergency/disaster procedures
- Basic first (certification recommended; available through Red Cross or Chiropractic Therapy Assistant Program)
- Hygiene

Clinical examination

- Health history
- Vital sign examination
- Physical examination

Basic clinical science knowledge

- Anatomy
- Physiology
- Kinesiology
- Terminology (chiropractic/medical)
**Chiropractic modalities** (physiologic effects, indications, contraindications/red flags, special precautions, dosage, treatment time, patient positions, safe application, and treatment termination procedures)

- Ice/cryotherapy
- Heat/hydro collator
- Contrast therapy/baths
- Diathermy
- Micro current
- Ultrasound
- Electrotherapy/EMS
- US/EMS combination therapy
- Therapeutic lasers (Class I-IV)
- Traction
- Therapeutic and home exercises

**Nevada chiropractic physician and chiropractor’s assistant laws**

- (NRS) Nevada Revised Statutes 634
- (NAC) Nevada Administrative Code 634
- (NRS) Nevada Revised Statutes 629

**X-ray** (basic principles/terminology, contraindications, patient preparation/positioning/instructions, film size/markings, factors, central ray and FFD series)

- Recommended reference: Chiropractic Radiologic Technology Study Guide, American Chiropractic Registry of Radiologic Technologists (ACRRT)
- To order the reference book visit: [www.acrrt.com](http://www.acrrt.com)

**Note:** It is the Chiropractor’s Assistant in-training and the supervising Chiropractic Physician’s responsibility that the Chiropractor’s Assistant in-training study and learn each of the above topics in detail.